



BREAKFAST

Saturdays, Sundays and bank holidays

9am to 12pm

CLASSICS AND MORE

Full English £7.95
Free range eggs, grilled sourdough, roasted vine tomatoes, dry cured bacon, Italian handmade sausage and grilled mushrooms*
 + house beans +£1.25
 *Scrambled, fried or poached eggs available

Eggs Benedict £7.50
Poached free range eggs, English muffin, homemade carved ham, smokey pancetta and hollandaise sauce

Eggs Fiorentina £7.50
Poached free range eggs, wilted baby spinach, field mushrooms and hollandaise sauce served over an English muffin V

Eggs Royal £9.25
Poached free range eggs served on an English muffin with smoked salmon and hollandaise sauce

Grilled scarmorza £7.95
Smokey scarmorza cheese melted over poached free range eggs, home baked carved ham, hollandaise sauce and an English muffin

Totally Vegan £6.95
Smashed avocado, vine tomatoes, field mushrooms, house beans and grilled sourdough

WOOD OVEN

2 free range eggs baked in the wood oven, served with grilled sourdough and topped with one of the following:

Option 1; Field mushrooms, goats cheese, tomato sauce and wilted baby spinach V £7.95

Option 2; Chorizo sausage, wilted baby spinach and ricotta £7.95

Open Monday to Thursday 12pm to 11pm;

Friday 12pm to 11.30pm; Saturday 9am to 11.30pm;

Sunday 9am to 10.30pm; Telephone: +44 207 978 1108

Email: eco@ecorestaurants.com

FRITTATA

Eggs cooked in the pan with spinach and parmesan, served with freshly baked sourdough and one of the following:

Option 1; Crushed avocado, buffalo mozzarella and roasted vine tomatoes V £7.95

Option 2; Italian hand made sausage, dry cured bacon and roasted vine tomatoes £7.95

Option 3; Smoked salmon, creme fraiche, rocket and dill £9.25

GRANOLA AND BREAD

Warm bread basket £3.50
Includes butter and choice of preserves

Homemade granola, creamy yoghurt and fresh fruit £4.95

EXTRAS OPTIONS

1.Smashed avocado; 2.Roasted vine tomatoes; £1.80
 3.House beans; 4.Wilted baby spinach;
 5.Field mushrooms
 6.Italian pork sausage; 7.Dry cured bacon; £2.50
 8.Brindisa chorizo sausage;

BEVERAGES

Our coffee is Fairtrade, selected for its complete and full flavour, supplied to Eco by Miko, a conscientious coffee trader

Cappuccino, cafe latte, mocha or hot chocolate £2.10
 Espresso or Macchiato £1.50/£1.90

Tea - we use Teapigs real tea £2.10
Everyday brew, Peppermint, Earl Grey, Chamomile flowers, Super fruit

Fresh orange / apple juice £2.50

San Pellegrino mineral water £2.25 / £2.95
Still/Sparkling (500ml/700ml)